

Let's talk about...

SUPPORTING WELLBEING OF PARENT CARERS OF CHILDREN AND YOUNG PEOPLE WITH SEND

Suicide and suicidal ideation

***Bringing together parent carers and professionals
to explore this crucial topic.***

Raise awareness and shared understanding of mental health challenges and trauma faced by Parent Carers.

Explore sources of support alongside those with lived experience.

Discuss what 'better' parent carer wellbeing would look like.

Friday, 3rd July 2026

9:30 arrival / registration

10:00– 14:00 event

Light lunch will be provided.

Civic Centre, Enfield Town



BOOK HERE

Due to the nature of the content this event is for adults only.

Limited childcare available at Cheviot's - booking is required.

